

ARE THEY REALLY SPECIAL ? HOW TO BECOME COMFORTABLE WITH THE DAILY CARE OF ADOLESCENT PATIENTS



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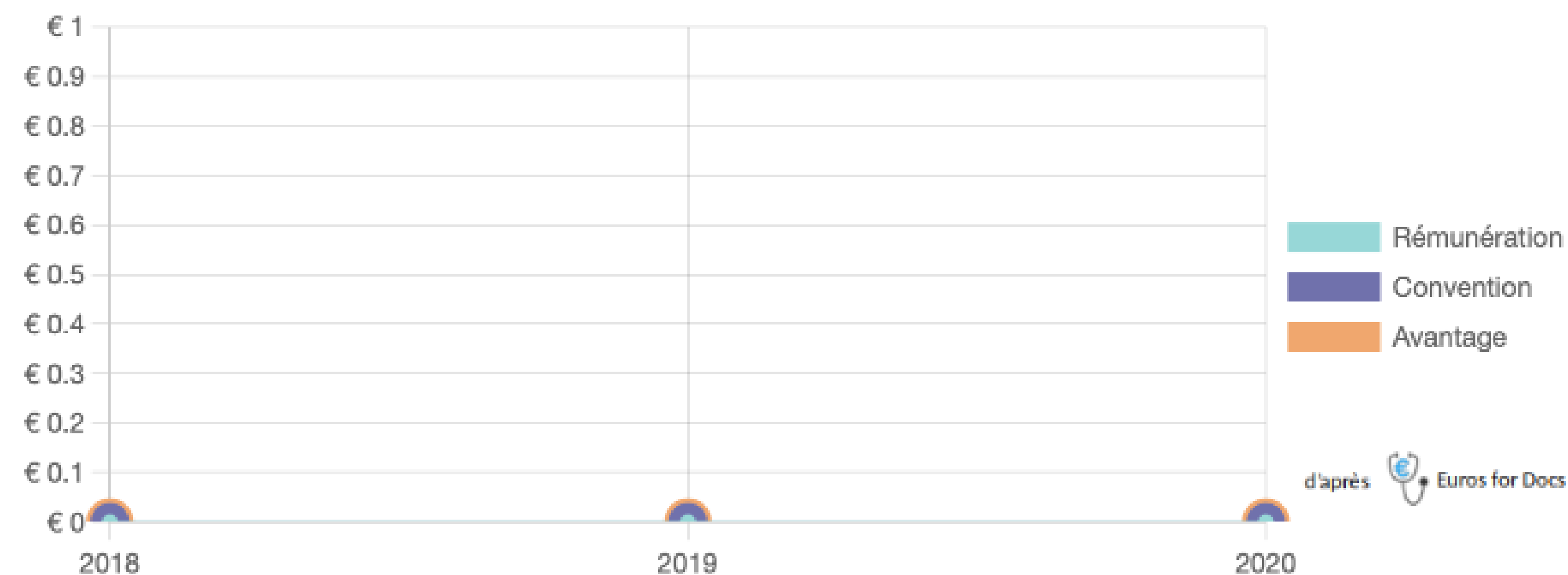
In Charge of a Medical Anthropology
Department

(Medicine and Neurology)

No conflict of interest



Financements reçus de l'industrie



Liens spécifiques à l'intervention

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- Aucun

Autres liens d'intérêts

Activité professionnelle

- Médecin Généraliste (1985-en cours)
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Engagements

- Vice President UEMO (2017-en cours)

Principaux financeurs

- Aucun

Déclaration complète

- disponible sur Archimede.fr



ARE THEY REALLY SPECIAL ?

HOW TO BECOME COMFORTABLE WITH THE DAILY CARE OF ADOLESCENT PATIENTS

- **Faced with an adolescent or young adult whom he or she has never seen before**, a doctor is often at a loss, especially since this consultation usually occurs in a crisis context.
- The family doctor who carries out his or her work as a real family doctor, i.e. by **following patients from birth to death, is at an advantage.**
- At the time of his first meeting with the newborn, he already knows some of the characteristics of the baby if he followed the mother's pregnancy and knows both parents, he knows how he was fantasized, hoped for, expected (sometimes and most often a lot, sometimes not or in a complex and difficult context)
- During the first meeting (just after the birth, sometimes on the 3rd day of life for me) we must begin to address him directly, it is the little 'Paul' that we are going to look for in the waiting room and not the parents of the little 'Paul'. Paul is the object of the encounter
- **The trust that the child will have in us will be all the greater if we have accompanied him through all the stages of his life until adolescence, respecting his secrecy, listening to him, preventing him from developing and, above all, taking a holistic approach that allows us to understand all the environmental factors (social, family, environmental) that influence his development.**

My General Practitioner recommendations

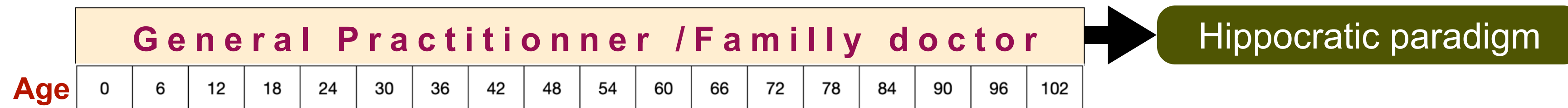
TO become comfortable with the daily care of adolescent patients

- I really encourage our general practitioner colleagues to follow children from birth and only to have recourse to pediatricians for very specific problems depending on the needs.
- I also advise them to meet them regularly (apart from acute episodes) for a real preventive and confidential follow-up.
- **Then you will be able to conduct a consultation with adolescent, consider the patient's puberty stage, age as well as cognitive and affective level**
- In France, pediatricians can follow children up to the age of 15. What a brutality for a teenager of more than 15 years old to be confronted with a new doctor, often the one of his parents, in particular to feel in confidence from the start.

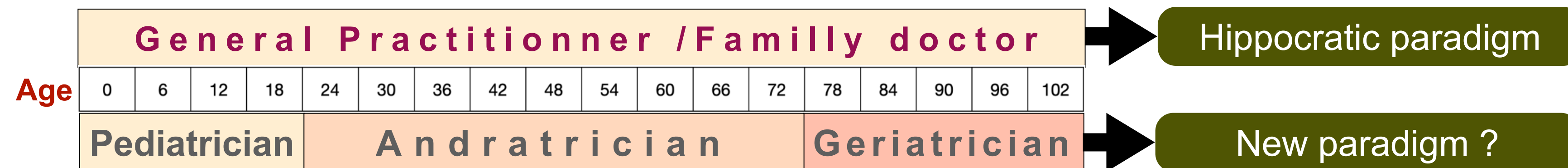
Of course, to be even more efficient, I encourage our colleagues to train regularly and exchange with peers. For this, **training tools** which have been specifically developed by EuTEACH faculties (www.euteach.com) are a must!



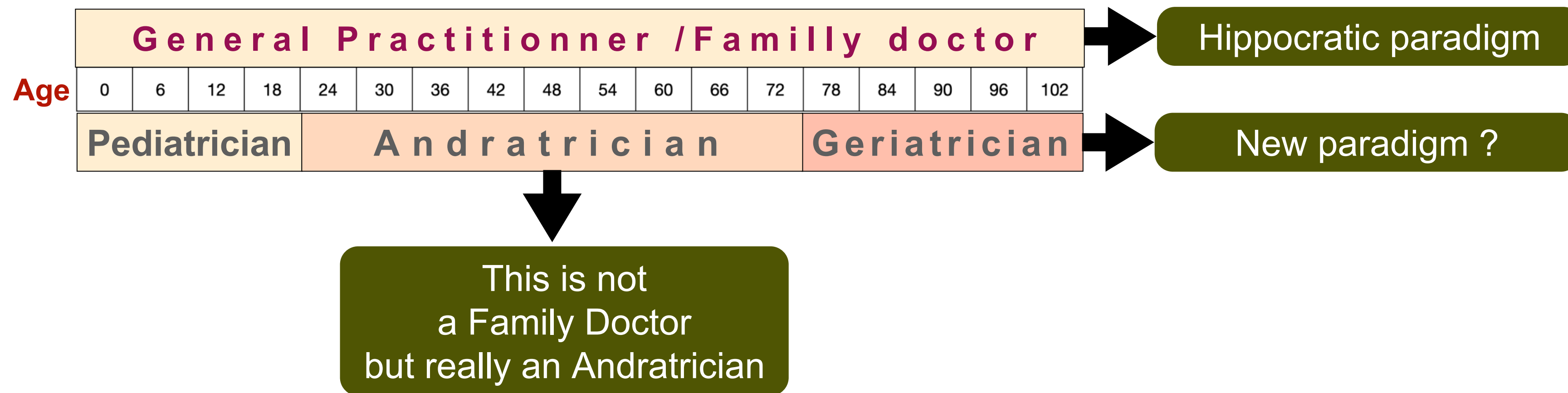
General Practitioner/Family Doctor Paradigm



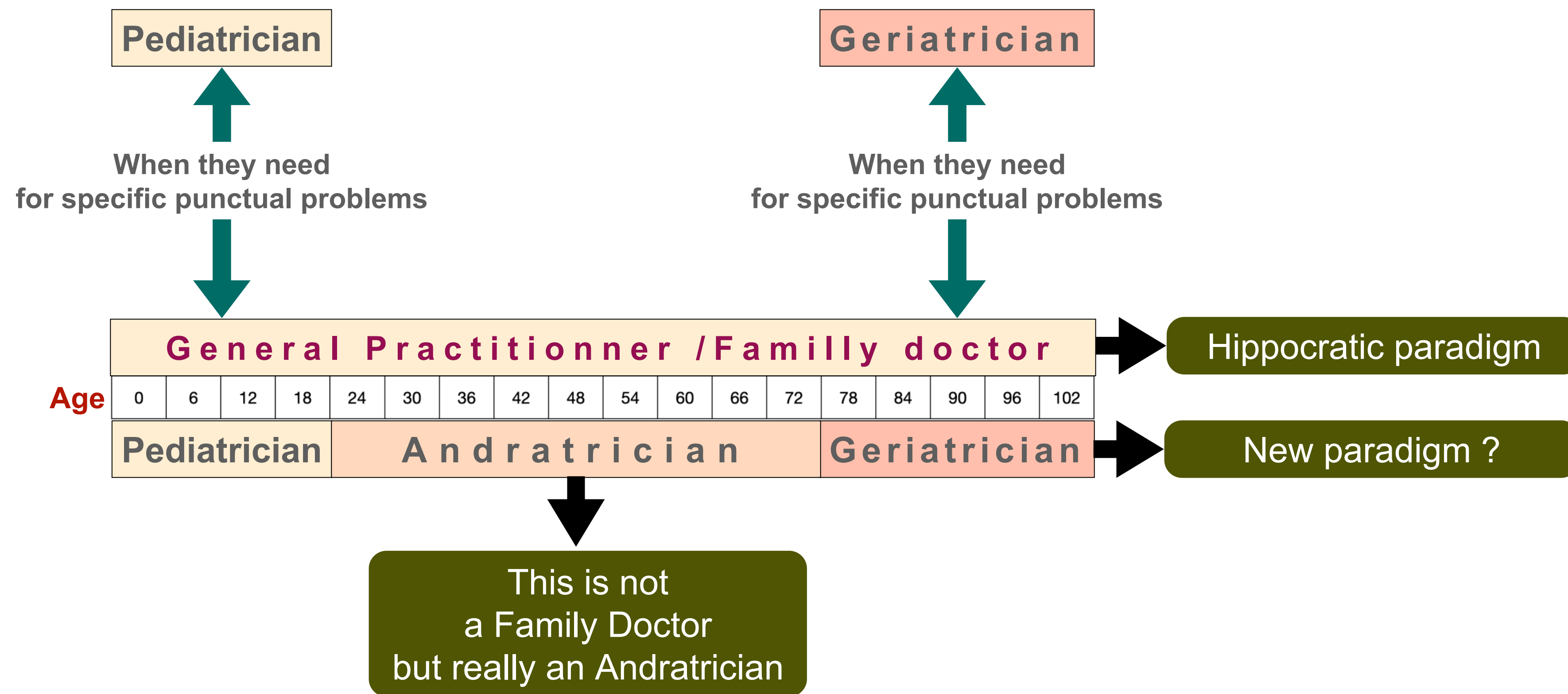
General Practitioner/Family Doctor Paradigm



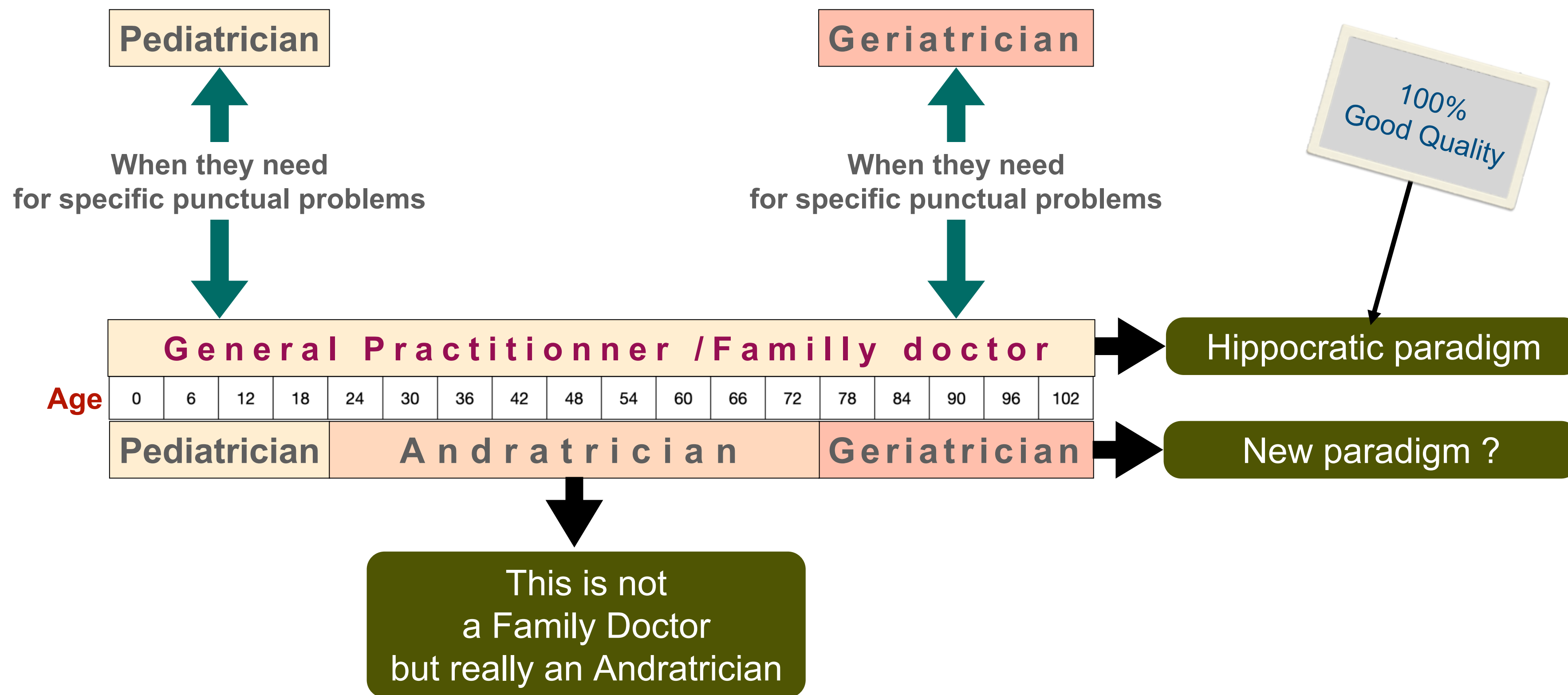
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Thank you to attend and we wish you a pleasant stay in Paris

We will be very grateful if you could send your feedback to

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